



ARTICHOKE HEARTS 5-7 COUNT

We select only the finest artichokes available. Artichoke Hearts have a mild and nutty flavor, with a firm yet tender texture. Our Artichoke Hearts are the perfect ingredient in a warm dip and add great flavor to pasta dishes and pizzas.





ARTICHOKE HEARTS 5-7 COUNT

Nutrition Facts	
About 2 servings per container	
Serving size 1/2 Cup Drained (130g)	
Amount per serving	
Calories	40
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 8g	3%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.4mg	2%
Potassium 210mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



INGREDIENTS

Artichokes, Water, Salt and Citric Acid.

STORAGE INSTRUCTIONS

Store in a cool, dry place, away from direct exposure to heat and/or sunlight. Keep refrigerated after opening.

SPECS

Product Name	Artichoke Hearts (5-7 CT)
Item Number	02282
UPC Number	818646022825
Case Pack	12 / 14.11 oz
Case Net Wt	10.5 lbs
TI x HI	17 x 11
Shelf Life	2 Years